

# Nossi & the Coronavirus

details about how the college is handling this global pandemic

## Extended Online Classes

Nossi's classes will move online from now through Friday, April 3. As we wait to see how the pandemic continues to unfold, we will announce additional school-related information no later than Friday, March 27.

Nossi administration and program coordinators are currently working with teachers to replicate their engaging classroom environments online. Moodle Week is a lighter version of the coursework you will begin to see for the remainder of March online.

**FYI - Moodle Week is week 10 of our 15-week semester, and it is vital you take this situation seriously.** You've almost finished this semester successfully, be sure you sign into Moodle, follow all classroom rules, and complete the relevant assignments on deadline. We want every student to have a strong finish this spring semester despite significant interruptions.

## Nossi Campus Access

Starting Monday, March 23, as classes convert to an online format, the campus will remain closed to visitors; **HOWEVER**, if you need computer access to Adobe software, the Internet, or time in studio, Nossi College of Art is allowing extremely limited entry for students **ONLY**.

We are offering two-hour increments of study. You will be placed in a room/studio by yourself. Program coordinators will have limited hours if you have questions or need assistance. These study hours will start at 8 AM and will conclude at 4 PM. [View the schedule](#) and please call the front desk to reserve time for your needs, 615-514-2787. Please do not show without making an appointment first.

**Timeslots: | 8 – 10 AM | 10 AM – 12 PM | 12 – 2 PM | 2 – 4 PM |**

## Student Housing

Nossi student housing will remain open with Internet access so students can still log into their online classes.

If a housing student begins to display symptoms of coronavirus, is it important you call family and your local doctor first. (Find doctor info now, because if you become sick, do you not want to spend time hunting for a phone number), inform the main office at the apartment community, (615) 851-4322, and inform Mitzi Hatfield or Roger Qualls, (615)514-2787.

A detailed email was sent to all housing students on Tuesday, March 17. Please check your nossi.edu emails for up-to-date information.

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## Practice Social Distancing

It is important that all students begin practicing social distancing if you have not already ([What is social distancing??](#)) This is important for several key reasons:

1. It's harder to spread the virus if you dramatically reduce the amount of people you come into contact with.
2. Young people can catch OR be a carrier for the virus. Even if you are not displaying symptoms, you could be carrying the virus and spreading it without your knowledge. Elderly and the immunocompromised are at the greatest risk during this outbreak.
3. Reduce social adventures and social trips. Move into necessity when it comes to trips to the grocery or doctor's office and consider eliminating other non-essential trips.
4. Unsure how to stock your kitchen with food and essentials? [Read this article](#) for ideas.
5. Most important wash and dry your hands often!

## Mental Health is Still Important

Horn Counseling will still offer teleconferencing services. If you feel your anxiety, stress, or environment becomes overwhelming, take a moment and count backward from 5 out loud ([The 5-second rule is a thing](#)). Then head to Horn Counseling's website ([click here](#) for easy access) and book a Nossi teleconferencing session.

## Social Media

Please be mindful of what you are reading and sharing on social media. There are already a variety of scams in the wake of this virus. Only share information from viable websites like the CDC or Metro Nashville Public Health. If you are unsure how accurate the information is, it is better to not share it with your network.

## Consider Creating

We are unsure how long this pandemic will last or how far it will spread. The best thing you can do is to be your best self, stay home when you can, and keep creating. [Research shows](#) that 45 minutes of creative activity can significantly reduce stress in your body, regardless of your artistic experience or talent.

